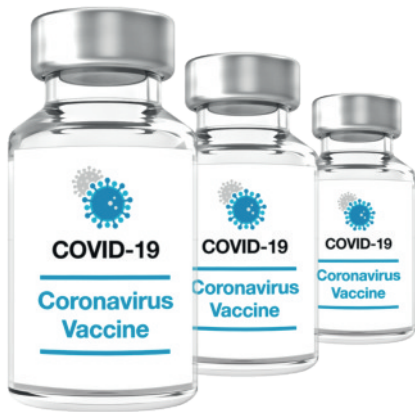


# Dear Dorset, Bournemouth, Christchurch and Poole

**Your support means so much to everyone at the NHS, Thank you.**



The COVID-19 vaccine programme is going really well. This is thanks to the hard work of everyone involved, including the vaccinators and volunteers.



More than 200,000 vaccines have already been given out in Dorset, Bournemouth, Christchurch and Poole. More and more people are getting the vaccine every day.



The hospitals are really busy. They are full of seriously ill patients as well as people with COVID-19.



Some people have COVID-19 but do not have any symptoms. This means they can give COVID-19 to other people without knowing it.



It is really important to follow the rules to keep everyone safe.



We know Government rules like lockdown are difficult, but they are there to protect peoples health. Relaxing these rules too fast could risk peoples lives.



Everyone can help support our key workers by:

- following the rules to stop COVID-19 from spreading.
- remembering to
  - ✓ Wash your hands.
  - ✓ Wear a face covering.
  - ✓ Leave 2 metres between you and people not in your household.



If you have any of these symptoms you need to have a COVID-19 test:

- a high temperature.
- a new cough.
- change to your smell or taste.



Your NHS is here for you. If you are worried about your health talk to your doctor.



## Please:

- Stay at home. You are at risk of catching COVID-19 when you leave your house.
- Have your vaccine.
- Follow the national rules.
- Use the right service.

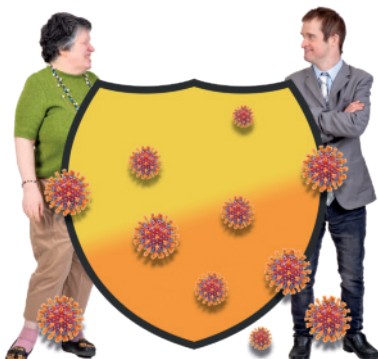


If you are not sure about which health service to use

call 111

or

visit [111.nhs.uk](https://111.nhs.uk)



Together we can continue to protect our families, colleagues and our communities.

# On behalf of the NHS in Dorset



**Dorset County Hospital**  
NHS Foundation Trust

## **Dorset County Hospital NHS Foundation Trust**

Professor Alastair Hutchison,  
Chief Medical Director

Nicky Lucey, Chief Nursing Officer  
and Director of Infection Prevention  
and Control

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**Dorset**  
Clinical Commissioning Group

## **NHS Dorset Clinical Commissioning Group**

Dr Forbes Watson, Chair

Dr Karen Kirkham, Assistant Clinical Chair

Vanessa Read, Director of Nursing and  
Quality

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**University Hospitals Dorset**  
NHS Foundation Trust

## **NHS University Hospitals Dorset NHS Foundation Trust**

Professor Paula Shobbrook, Chief Nursing  
Officer and Director of Infection Prevention  
and Control

Dr Alyson O'Donnell, Chief Medical Officer

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